Stanislaus State Baccalaureate Degree Requirements

Baccalaureate Degree Requirements ¹	Completed Requirement (add grades where applicable)
A student must comply with all University regulations and satisfy the following requirements in addition to co	, ,
1. Units and Residency (minimum of 120 units) ²	
2. Grade Point Average (minimum of 2.0 (C) or better) ³	
3. General Education (minimum of 49 units) D- or better except A1, A2, A3, B4 (the Golden Four), which require C- or better ⁵	
4. Upper Division Writing Proficiency (WP) (minimum of 3 units)	_
- Writing Proficiency (WP) Course (may double count in the major)	
5. U.S. Constitution & CA State & Local Gov. (minimum of 3 units): PSCI 1201 or the California State and Local Government Challenge Exam (or equivalent transfer course)	
6. Multicultural Requirement (minimum of 3 units) (may double count with General Education requirements and in the major)	
7. Submit an Application for Graduation (when two semesters remain to complete requirements and 90	
units are completed)	
8. Graduation Approval	

General Education Requirements	Minimum Units Required	Units Completed	Grade
Area A Communication Skills – Golden 4 ⁵ , Require C- or better			
Include one course from each Subarea.			
A1 Oral Communication	3		
A2 Written Communication	3		
A3 Critical Thinking	3		
Area B Natural Sciences and Mathematics/Quantitative Reasoning			
Include one course from each Subarea. B3 may also be satisfied by completing a B1	or B2 course that includes a lab o	component.	
B1 Physical Sciences	3		
B2 Biological/Life Sciences	3		
B3 Laboratory	1		
B4 Mathematics/Quantitative Reasoning – Golden 4 ⁵ , Require C- or better	3		
UD-B: Upper Division B ⁴	3		
Area C Arts and Humanities			
Complete 3 units in each subarea (C1, C2, UD-C), and any additional 3 lower division	units from C1 or C2.		
C1 Arts	3		
C2 Literature/Philosophy/World Languages	3		
Additional Lower Division Course (C1 or C2)	3		
UD-C: Upper Division C ⁴	3		
Area D Social, Economic, and Political Institutions and Human Behavior			
Include 3 units from D1, 6 units from D2, and 3 units from UD-D. Complete courses for	rom at least two different discipl	ines.	
D1 United States History	3		
D2 Human Institutions, Societies, and Cultures	6		
UD-D: Upper Division D ⁴	3		
Area E Lifelong Learning and Self-Development			
Complete 3 units. Requirement may not be satisfied entirely through Physical Educa-	tion Activities courses (KINS 1010	0-1999).	
E Lifelong Learning and Self-Development	3		
Total Units of GE Breadth Required	49	0	N/A

 $^{^{1} \ \}text{For more information, visit the Academic Catalog "Baccalaureate Degree Requirements" page (\underline{catalog.csustan.edu}).}$

² <u>Units and Residency</u>: 40 units of upper division coursework (____) and 30 semester units at StanislausState (____). At least 24 of these 30 units must be earned in upper-division courses (____), at least 12 must be in the major (____), and at least 9 must be applicable to General Education-Breadth requirements (____). Students may transfer no more than 70 semester units from an institution that does not offer bachelor's degrees or their equivalents, such as community colleges.

³ <u>G.P.A. (2.0)</u>:Stanislaus State ____Cumulative ____Major ___Minor (if applicable) _

^{5 &}quot;Golden Four" courses include Oral Communication, Written Communication, Critical Thinking, and Mathematics/Quantitative Reasoning courses and require a Cor better.

A. Communication Skills

(9 units minimum) Include one course from each subarea (A1, A2, and A3).

1. Oral Communication

- COMM 2000 Public Speaking 3 units
- COMM 2005 Honors Communication Seminar 3
 units
- COMM 2110 Group Discussion Processes 3 units

2. Written Communication

- ENGL 1001 First-Year Composition 3 units
- ENGL 1002 First-Year Composition (CAI) 4 units
- ENGL 1003 First-Year Composition (FYE) 4 units
- ENGL 1005 Honors Composition 3 units
- ENGL 1007 First-Year Composition (Stretch B) 4
 units

3. Critical Thinking

- COMM 2300 Argumentation and Critical Thinking 3
 units
- ENGL 2000 Critical Inquiry 3 units
- PHIL 2000 Introduction to Critical Thinking 3 units
- PHIL 2005 Honors Critical Thinking Semin 3 units
- PHIL 2100 Logic 3 units

B. Natural Sciences and Mathematics/Quantitative Reasoning

(13 units minimum) Include one course from each subarea (B1, B2, B3, B4, and UD-B).

1. Physical Sciences

- AGST 2014 Introduction to Soils 4 units or
- GEOG 2014 Introduction to Soils 4 units
- ASTR 2100 Descriptive Astronomy 3 units
- CHEM 1000 Chemistry in the Modern World 3 units
- CHEM 1100 General Chemistry I 4 units
- CHEM 2100 Chemistry/Biochemistry for Nurses I 3
 units
- GEOG 2010 Introduction to Physical Geography 3
 units
- GEOL 2100 Principles of Geology 3 units
- GEOL 2200 History of Earth and Life 3 units
- GEOL 2400 Introduction to Earth Science 3 units
- GEOL 2500 Dinosaurs 3 units
- PHSC 1300 Environmental Pollution 3 units
- ▶ PHSC 2100 Atmosphere, Weather, Climate 3 units
- PHYS 1500 Energy and Matter 3 units
- PHYS 2100 Basic Physics I 4 units
- PHYS 2110 Basic Physics II 4 units
- PHYS 2250 General Physics I 4 units

2. Biological/Life Sciences

- AGST 2200 Principles of Horticulture and Practices 3
 units
- BIOL 1010 Principles of Biology 3 units
- BIOL 1150 General Biology II 4 units
- BIOL 2310 Human Genetics 3 units
- BIOL 2650 Environmental Biology 3 units
- BOTY 1010 Plant Biology 3 units

3. Laboratory Requirement

 $\,$ B3 may also be satisfied by completing a B1 or B2 course that includes a laboratory component.

- ASTR 2112 Astronomy Laboratory 1 unit
- BIOL 1020 World of Biology Laboratory 1 unit
- CHEM 1102 General Chemistry I Laboratory 1 unit
- GEOG 2012 Introduction to Physical Geography Laboratory – 1 unit
- GEOL 2102 Principles of Geology Lab 1 unit
- GEOL 2202 History of Earth and Life Lab 1 unit
- PHYS 1502 Energy and Matter Laboratory 1 unit
- PHYS 2252 General Physics I Laboratory 1 unit

4. Mathematics/Quantitative Reasoning

- MATH 1000 Excursions into Mathematics 3 units
- MATH 1030 Elementary Foundations of Mathematics
 I 3 units
- MATH 1036 Elementary Foundations of Math with Support IB – 3 units
- MATH 1070 College Algebra 3 units
- MATH 1072 College Algebra with Support II 3 units
- MATH 1080 Trigonometry 3 units
- MATH 1100 Precalculus 4 units
 MATH 1410 Calculus I 4 units
- MATH 1500 Finite Mathematics 3 units
- MATH 1552 Finite Mathematics and Business Statistics II – 3 units
- MATH 1600 Statistics 4 units
- MATH 1602 Statistics with Support II 3 units
- MATH 1610 Statistics for Decision Making 3 units
- MATH 1910 Calculus with Applications I 3 units

UD-B: Upper Division B

(3 units minimum) Complete 3 units. Upper Division G.E. courses are designed to be taken after upper-division status (completion of 60 semester units) is attained.

1. Biology

- BIOL 3000 Frontiers in Biology 3 units
- BIOL 3020 Introduction to Evolution 3 units
- BIOL 4350 DNA: The Code of Life 3 units
- BOTY 4000 Medicinal Plants and Herbs 3 units- M

2. Chemistry

- CHEM 3070 The Chemicals in Your Life 3 units
- CHEM 3100 Environmental Chemistry 3 units

3. Computer Science

- CS 3500 Human-Centered Design 3 units
- CS 3550 Introduction to Computational Thinking 3
 units
- CS 4000 Personal Computing 3 units
- CS 4010 Computing for the Sciences 3 units

4. Honors

• HONS 3100 - Methods of Inquiry in Science - 3 units

5. Mathematics

- MATH 3030 Geometry for Teachers 3 units
- MATH 3350 Applied Mathematical Models 3 units

6. Other Natural Sciences

• NSCI 3000 - Science for Self-Sufficiency – 3 units

7. Physics and Physical Sciences

- ASTR 3000 Contemporary Astronomy 3 units
- GEOL 3050 Environmental Geology 4 units
- GEOL 3500 Earthquakes and Volcanoes 3 units
- GEOL 3600 Physical Oceanography 3 units
- GEOL 4810 Development and Management of Water Resources – 4 units
 - PHSC 3500 Solar and Alternative Energies 3 units
- PHYS 3080 How Things Work 3 units
- PHYS 3520 Modern Physics and Quantum Mechanics
 3 units
- PHYS 3550 Physics for War, Physics for Peace 3 units

C. Arts and Humanities

(12 units minimum) Complete 3 units in each subarea (C1, C2, UD-C), and any additional 3 lower-division units from C1 or C2.

1. Arts

- ART 1000 Introduction to Studio Art 3 units
- ART 1010 Foundation Drawing 3 units
- ART 1030 Foundation Printmaking Option A 3 units
- ART 1035 Foundation Printmaking Option B 3 units
- ART 1040 Foundation Digital Media 3 units
- ART 1100 Foundation Painting 3 units
- ART 1200 Foundation Sculpture 3 units
- ART 1340 Introduction to Ceramics 3 units
- ART 1350 Looking At Art 3 units
- ART 2515 Art History Survey Ancient 3 units
- ART 2520 Art History Survey Modern 3 units
- ART 2522 Art Hist Survey Contemporary 3 units
- ART 2525 Art History Survey Non-Western 3 units M
- ART 2526 Art History Survey Islamic 3 units- M
- ART 2527 Art History Survey Asian 3 units- M
- ART 2530 Art Appreciation 3 units

- FA 1000 Introduction to the Fine Arts 3 units
- MUS 1000 Introduction to Music 3 units
- MUS 1190 Music Fundamentals 3 units
- MUS 2000 Music of World Cultures 3 units- M
- MUS 2400 Orchestra 1 unit
- MUS 2410 Concert Chorale 1 unit
- MUS 2430 University Chamber Singers 1 unit
- MUS 2440 Wind Ensemble 1 unit
- THEA 1010 Introduction to Theatre 3 units
- THEA 1110 Playgoing 3 units
- THEA 1500 Introduction to Acting 3 units
- THEA 1510 Dance for the Stage 3 units
- THEA 1540 Dance for the Stage II 3 units
- THEA 2300 Theatre Workshop I − 3 units

2. Literature/Philosophy/World Languages

- ENGL 1010 Introduction to Literature 3 units
- ENGL 2010 Introduction to Creative Writing 3 units
- ESL 1000 Editing for Language and Dialect 4 units
- ESL 1005 Essay Skills for Language and Dialect 4
- ESL 2000 Essay Strategies and Vocabulary for Language and Dialect - 3 units
- GERM 1010 Elementary German I 4 units
- GERM 1020 Elementary German II 4 units
- HONS 1010 Reading Seminar in Humanities 3 units
- HUM 2000 Introduction to the Humanities 3 units
- ITAL 1010 Elementary Italian I 3 units
- ITAL 1020 Elementary Italian II 3 units
- PHIL 1010 Introduction to Philosophy 3 units
- PHIL 2200 Ancient Philosophy 3 units
- PHIL 2230 Modern Philosophy 3 units
- PHIL 2300 Philosophy of Science 3 units
- PHIL 2400 Contemporary Moral Issues 3 units
- PHIL 2500 Philosophy and Film 3 units
- PHIL 2700 Introduction to Political Philosophy 3
 units
- PORT 1010 Elementary Portuguese I 3 units
- PORT 1020 Elementary Portuguese II 3 units
- PORT 2010 Intermediate Portuguese I 3 units
- PORT 2011 Portuguese for Spanish Speakers 3 units
- PORT 2020 Intermediate Portuguese II − 3 units
- SPAN 1010 Elementary Spanish I 3 units
- SPAN 1020 Elementary Spanish II 3 units
- SPAN 2010 Intermediate Spanish I 4 units
- SPAN 2011 Span for Native Speakers I 3 units
- SPAN 2015 Spanish for Native Speakers II 3 units
- SPAN 2020 Intermediate Spanish II 4 units

UD-C: Upper Division C

(3 units minimum) Complete 3 units. Upper Division G.E. courses are designed to be taken after upper-division status (completion of 60 semester units) is attained.

1. Art

- ART 3605 Text and Image 3 units
- ART 3622 Documentary Videography 3 units
- ART 3640 Digital Photography 3 units
- ART 3700 Computer Art 3 units
- ART 4070 Women and Gender in the History of Art 3 units or
- GEND 4070 Women and Gender in the History of Art
 3 units
- ART 4080 Women and Gender in the History of Art II:
 Global and Transnational Contexts 3 units- M or
- GEND 4080 Women and Gender in the History of Art
 II: Global and Transnational Contexts 3 units- M
- ART 4500 Art, Museums, and Society 3 units- M
- ART 4525 Italian Renaissance 3 units
- ART 4535 Art of the Baroque Age 3 units
- ART 4548 Global Modernisms 3 units- M
- ART 4555 American Art 3 units
- ART 4562 Islamic Art 3 units- M

2. English

- ENGL 3550 Years of War, Days of Peace 3 units- M
- ENGL 3920 Survey of World Literature 3 units
- ENGL 3940 Multicultural American Literature 3 units- M
- ENGL 3945 Multicultural California Literature 3
 units- M
- ENGL 4010 Introduction to Rhetoric 4 units
- ENGL 4530 Gender and Sexuality in Literature 3
 units
- HUM 3000 Exploration in Humanities 3 units

3. Ethnic Studies

- ETHS 3600 Indigenous Perspectives in Theatre 3
 units- M or
- THEA 3600 Indigenous Perspectives in Theatre 3
 units- M
- ETHS 4150 Gender and Ethnicity in Children's Literature and Culture – 3 units

4. Gender Studies

- GEND 4070 Women and Gender in the History of Art I: Europe and the United States 3 units or
- ART 4070 Women and Gender in the History of Art I: Europe and the United States – 3 units
- GEND 4080 Women and Gender in the History of Art II: Global and Transnational Contexts – 3 units- M or
- ART 4080 Women and Gender in the History of Art II: Global and Transnational Contexts – 3 units- M
- GEND 4170 Gender, Sexuality, and Popular Culture 3 units- M
- GEND 4304 Women's Spirituality 3 units- M
- GEND 4530 Gender and Sexuality in Literature 3
 units- M

5. Honors

HONS 3000 - Intellect Methods Humanities – 3 units

6. Music

- MUS 3400 American Music 3 units
- MUS 3410 History of Jazz 3 units

7. Philosophy

- PHIL 3010 Advanced Introduction to Philosophy 3
- PHIL 3050 Existentialism 3 units
- PHIL 4000 Philosophy Through Literature 3 units
- PHIL 4050 Environmental Ethics 3 units
- PHIL 4350 Power of Information 3 units
- PHIL 4401 Professional Ethics 3 units
- PHIL 4430 Bioethics 3 units
- PHIL 4440 Business Ethics— 3 units
- PHIL 4450 Eastern Philosophy 3 units- M

8. Theatre

- THEA 3020 Children's Theatre 3 units
- THEA 3600 Indigenous Perspectives in Theatre 3
 units- M or
- ETHS 3600 Indigenous Perspectives in Theatre 3
 units- M
- THEA 4000 Fashion and Costume Through Time 3
 units- M
- THEA 4550 American Theatre 3 units- M
- THEA 4560 Contemporary LatinX Theatre 3 units- M

9. World Languages

- PORT 3930 Portuguese and Brazil Literature in Translation – 3 units
- SPAN 3930 Spanish and Latin-American Literature in Translation – 3 units
- SPAN 3970 Contemporary Latin-American Prose Translation – 3 units

D. Social, Economic, and Political Institutions and Human Behavior

(12 units minimum) Include 3 units from D1, 6 units from D2, and 3 units from UD-D. Complete courses from at least two different disciplines.

1. United States History

- HIST 2600 Problems in U.S. History 3 units
- HIST 3610 Colonial North America 3 units
- HIST 3620 Early National United States 3 units
- HIST 3630 U.S. Reconstruction WWII 3 units
- HIST 3640 Contemporary United States 3 units

2. Human Institutions, Societies, and Cultures

- AGEC 2510 Principles of Agricultural Economics 3
 units
- ANTH 2060 Introduction to Cultural Anthropology 3
 units- M

- ANTH 2080 Introduction to Physical Anthropology 3
 units
- ANTH 2090 Introduction to Archaeology 3 units
- BUS 2090 Ethics and Social Responsibility for Businesses and Businesspeople – 3 units
- COGS 2100 Introduction to Cognitive Studies 3 units
- COMM 2011 Introduction to Communication Studies
 3 units
- COMM 2200 Introduction to Mass Media 3 units
- CJ 2250 Introduction to Criminal Justice 3 units
- ECON 2500 Principles of Macro Economics 3 units
- ECON 2510 Principles of Micro Economics 3 units
- ETHS 2000 Introduction to Black/African American Studies—3 units- M
- ETHS 2050 Introduction to Ethnic Studies 3 units- M
- ETHS 2100 Introduction to Chicanx and Latinx Studies
 3 units M
- ETHS 2200 Introduction to Asian American and Pacific Islander Studies – 3 units
- ETHS 2300 Introduction to Native
 American/Indigenous Studies 3 units M
- ETHS 2400 Contemporary Race and Ethnic Studies 3
 units- M
- GEND 2020 Women's and Feminist Activism 3 units
- GEND 4150 Gender and Ethnicity in Children's Literature and Culture – 3 units- M
- GEND 2040 Introduction to Lesbian, Gay, Bisexual and Transgender Studies – 3 units- M
- GEOG 2020 Introduction to Cultural Geography 3
 units- M
- GEOG 2350 Water and Power 3 units- M
- GEOG 2400 Global Cultures and Environments Europe and Asia 3 units- M
- GEOG 2410 Global Cultures and Environments Latin America, Africa, and Australia – 3 units - M
- HIST 1010 World Civilizations I 3 units- M
- HIST 1020 World Civilizations II 3 units- M
- HONS 2010 Reading Seminar in Social Sciences 3
 units
- HONS 2990 Sophomore Seminar: Institutions 3 units
- NURS 1040 Human Development over the Life Span 3 units
- PSCI 2000 Introduction to Political Science 3 units
- PSCI 2030 Global Politics 3 units- M
- PSYC 2010 Introduction to Psychology 3 units
- SOCL 1010 Introduction to Sociology 3 units
- SW 2010 Introduction to the Social Work Profession 3 units
- THEA 2000 The World of Fashion 3 units- M

UD-D: Upper Division D

(3 units minimum) Complete 3 units. Upper Division G.E. courses are designed to be taken after upper-division status (completion of 60 semester units) is attained.

1. Agriculture

 AGST 3000 - Agriculture, Society, and the Natural World – 3 units

2. Anthropology

- ANTH 3000 Anthropology and Global Issues 3 units M
- ANTH 3010 The Great Discoveries 3 units
- ANTH 3030 The World on a Plate: Humans and Food 3 units- M
- ANTH 3060 Peoples and Cultures of the Amazon 3
 units- M
- ANTH 3070 Peoples and Cultures of Africa 3 units M
- ANTH 3080 Peoples and Cultures of the Caribbean 3
 units- M
- ANTH 3090 Peoples and Cultures of Latin America 3
 units- M
- ANTH 3105 Peoples and Cultures of the Pacific 3
 units- M
- ANTH 3106 Peoples and Cultures of Asia 3 units- M
- ANTH 3555 Aztecs, Mayas, and Predecessors 3
 units- M
- ANTH 3560 On The Inka Road 3 units- M
- ANTH 3800 Language and Culture 3 units- M or
- ETHS 3800 Language and Culture 3 units- M

3. Business Administration

• ACC 3005 - Personal Financial Planning – 3 units

4. Child Development

- CDEV 3040 Child Development in Cultural Context 3
 units
- CDEV 3140 Human Development I: Childhood 3
 units or
- PSYC 3140 Human Development I: Childhood 3 units
- CDEV 3240 Human Development II: Adolescence 3
 units or
- PSYC 3240 Human Development II: Adolescence 3 units
- CDEV 3340 Human Development III: Adulthood and Aging – 3 units or
- PSYC 3340 Human Development III: Adulthood and Aging – 3 units

5. Cognitive Studies

- COGS 3100 Communication Networks 3 units
- COGS 4100 Philosophical Aspects of Cognitive Science
 3 units
- COGS 4350 The Information of Meaning 3 units- M

6. Communication Studies

- COMM 3100 Advanced Interpersonal Commun 3
- COMM 3550 Media and Public Perception 3 units-
- COMM 4220 Technology and Communication 3
 units

- JOUR 3030 Freedom of Speech and Press:
 Contemporary Issues 3 units
- JOUR 3040 History of Journalism 3 units

7. Economics

- ECON 3100 Economic History of the U.S. 3 units
- ECON 4500 Economics of Investment 3 units

8. Ethnic Studies

- ETHS 3100 Asian Americans in Media and Popular Culture – 3 units- M
- ETHS 3110 Chicano Images in Film 3 units- M
- ETHS 3250 African American Images in the Arts and Media – 3 units- M
- ETHS 3275 Chicanx and Latinx Experiences 3 units M
- ETHS 3300 The Hmong American Experience 3
 units- M
- ETHS 3400 Native American/Indigenous Experiences 3 units- M
- ETHS 3800 Language and Culture 3 units- M or
- ANTH 3800 Language and Culture 3 units
- ETHS 4200 Racial and Ethnic Experiences 3 units

9. Gender Studies

- GEND 3550 Society and Gender 3 units- M
- GEND 3560 Society and Sexuality 3 units- M
- GEND 4100 Gender and Education 3 units- M
- GEND 4110 Lesbian, Gay, Bisexual, Transgender Issues in Education – 3 units- M
- GEND 4220 Gender, Environment and Sustainability 3 units- M
- GEND 4750 Comparative World Women 3 units- M
- HIST 4750 Comparative World Women 3 units

10. Geography

- GEOG 3010 Cultural Geography 3 units- M
- GEOG 3020 Human Ecology 3 units
- GEOG 3330 Ethnic Geography 3 units- M
- GEOG 3340 California Cultures and Environments 3
 units
- GEOG 3510 Geography of North America 3 units- M
- GEOG 3520 Geography of Mexico and Central America – 3 units - M
- GEOG 3530 Africa, South of the Sahara 3 units- M
- GEOG 3550 Geography of Europe 3 units- M
- GEOG 4050 Restorative Human Ecology 3 units- M
- GEOG 4130 Hazards and Risk Assessment 3 units- M

11. History

- HIST 3720 U.S. Ethnic and Immigrant Past 3 units- M
- HIST 4440 Western Science and Society Since Copernicus – 3 units
- HIST 4595 World Environmental History 3 units- M
- HIST 4750 Comparative World Women − 3 units- M or
- GEND 4750 Comparative World Women 3 units- M

HIST 4930 - Migrants and Refugees in the Middle East –
 3 units- M

12. Honors

• HONS 3050 - Methods of Discovery - 3 units

13. Kinesiology

- KINS 3500 Drugs in the Athletic Environment 3 units
- KINS 4330 Family Health 3 units- M

14. Politics and Public Administration

- PSCI 3055 Marx on the Human Condition 3 units
- PSCI 3225 Civil Liberties 4 units
- PSCI 4050 Political Ideologies 4 units
- PSCI 4318 Environmental Policy and Politics 4 units

15. Psychology

- PSYC 3140 Human Development I: Childhood 3 units or
- CDEV 3140 Human Development I: Childhood 3
 units
- PSYC 3240 Human Development II: Adolescence 3
 units or
- CDEV 3240 Human Development II: Adolescence 3
- PSYC 3340 Human Development III: Adulthood and Aging – 3 units or
- CDEV 3340 Human Development III: Adulthood and Aging 3 units
- PSYC 4250 Drugs and Behavior 3 units

16. Sociology

- SOCL 3150 The Family 3 units
- SOCL 3190 Disability and Society 3 units- M
- SOCL 3820 Food and Culture in Global Society 3
 units- M
- SOCL 4520 Personality and Society 3 units

E. Lifelong Learning and Self-Development

(3 units minimum) Complete 3 units. Requirement may not be satisfied entirely through Physical Education Activities courses (KINS 1010-1999).

- CIS 2000 Introduction to Business Computer Systems 3 units
- CS 2000 Effective Computing 3 units
- (Students may not use both CS 2000 and CS 4000 for GE requirements.)
- ENGL 1006 First-Year Composition Seminar (Stretch A) – 4 units
- GEND 2500 Women's Lives and Sustainable Happiness – 3 units
- GEOG 2200 Introduction to Geospatial Applications 3 units
- GEOG 2250 Wilderness Exploration and Navigation 3 units

- HONS 3500 Information and Research and Analysis 3 units
- HSCI 1000 Introduction to Health Science 3 units or
- NURS 1000 Introduction to Health Science 3 units
- LEAD 2500/MDIS 2500 Leadership Development 3
 units
- KINS 1000 Health in Today's Society 3 units
- KINS 1001 Lifelong Wellness Through Physical Activity
 2 units
- KINS 1010-1999 Physical Education Activities 1 unit (May not entirely satisfy GE Area E requirement)
- MDIS 1040 Seminar in First-Year Experience 2 units
- MDIS 1200 The Stanislaus Seminar in First-Year Experience – 1-3 units
- MDIS 1400 Designing Your Stan State 2 units
- MDIS 3600 Designing Your Tomorrow 2 units
- NSCI 1000 Information Investigation in STEM Discipline – 3 units
- PSYC 1000 Sexual Behavior 3 units
- PSYC 2030 Psychology of Adjustment 3 units
- SOCL 2000 Intergenerational Experiences 3 units